

## Meeting Minutes

<b>Purpose of Meeting:</b>	Annual general Meeting AGM
<b>Date of Meeting:</b>	22 <sup>th</sup> October 2014
<b>Time:</b>	7.30 pm
<b>Location:</b>	Hilton Hotel Stansted

### Attendees:

Name	Representing	Name	Representing
Jonathan Davies	TEER Chairman	Keith Duncan	Stortford Tri
Ashley Nicholson	TEER Secretary	Kevin Carley	Blackwater Tri
Richard Fuller	TEER Treasurer	Nick Penny	Discovery Tri
Carol Macdonald	Triathlon England RM	Deborah Stewart	Hadleigh Hares
Tim Williams	Regional Head Coach	Christopher Stewart	Hadleigh Hares
Rob Lines	Tri- Anglia	Andrew Stewart	Hadleigh Hares
Elisabeth Ross	Tri Sport Epping	Steve Powell	Born-2-Tri
Richard Clarke	Leighton Buzzard	Peter Bryant	Born-2-Tri
Sam Fielding	Pactrac		
Sue Fuller	East Essex Tri		
Rena Shean	East Essex Tri		
Rick Berry	PU Colchester/Fritton Lake		

### Apologies:

Name	Representing	Name	Representing
Wendy Staines	Discovery Tri	Peter Winfield	Stortford Tri
Heather Williams	Cambridge	Jess Bailey	Kings Lynn Tri
Debbie Rae	Discovery Tri	Charlie Stannett	Ipswich Tri

Item	Notes	Action
1.0	<p><u>Preliminaries</u></p> <p>The minutes of the 2013 AGM were adopted as a true record of the meeting.</p> <p>Proposed by Elisabeth Ross and Seconded by Kevin Carley</p>	
2.0	<p><u>Election of the Committee Members</u> :</p> <p>The Chairman ( Jonathon Davies ) Introduced to the floor the TEER current Committee members</p> <p>The existing committee was dissolved and an election for the committee pursued :-</p> <p>All the original positional posts were all willing to continue in post and as there were no alternative candidates the chairmen asked for a proposer and seconder for Chairman, Secretary and Treasurer.</p> <p>The Election of committee members results are as follows :-</p>	

Item	Notes	Action																
3.0	<p><u>Summary of Election of the Committee Members</u> :</p> <table border="1" data-bbox="240 309 1358 524"> <thead> <tr> <th>Position</th> <th>Person</th> <th>Proposer</th> <th>Secunder</th> </tr> </thead> <tbody> <tr> <td>Chairman</td> <td>Jonathan Davies</td> <td>Sue Fuller</td> <td>Richard Clarke</td> </tr> <tr> <td>Secretary</td> <td>Ashley Nicholson</td> <td>Sue Fuller</td> <td>Richard Clarke</td> </tr> <tr> <td>Treasurer</td> <td>Richard Fuller</td> <td>Sue Fuller</td> <td>Richard Clarke</td> </tr> </tbody> </table> <p>There was one out – going member - Heather Williams</p> <p>With one new Committee member being voted to the committee – Peter Bryant</p> <p>A complete record of the committee members for Year 2014 – 2015 is as detailed in the Appendices of these minutes.</p>	Position	Person	Proposer	Secunder	Chairman	Jonathan Davies	Sue Fuller	Richard Clarke	Secretary	Ashley Nicholson	Sue Fuller	Richard Clarke	Treasurer	Richard Fuller	Sue Fuller	Richard Clarke	
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4.0	<p><u>Presentation of Awards</u></p> <p>The Regional Presentations Followed :-</p> <p>Adult League(s)</p> <p>Attendance Awards</p> <p>Volunteer awards</p> <p>The children's awards to be presented at the Annual Bowling event</p> <p>A complete list of all award winners to be found on the TEER Website</p>																	
5.0	<p><u>Chairman's Report:</u> -</p> <p>The chairman would like to thank the committee members especially thanks to Carol Macdonald and Richard Fuller for standing in when the chairman was ill.</p> <p>Further thanks to Debbie Rae for Compiling the children's league results over the years and is standing down. The Children's league will be compiled in 2015 by one of the committee members.</p> <p>A full copy of the chairman's report by Jonathan Davies and is in the Appendices of these minutes.</p>																	
6.0	<p><u>Treasurers Report:</u> -</p> <p>The Treasurers report was an interim report ( final year report is April ) the treasurer reported that the current monies were £2400 down compared to the similar stage of the previous year with included a carry of £4000 outstanding invoices when the Treasurers change personnel</p> <p>Overall the accounts are in good shape and full report will be provided in April 2015</p> <p>The income on coaching courses where a profit has been made is re-invested into the region to support the following</p> <ul style="list-style-type: none"> <li>• Coaching Bursaries – Carol Macdonald provides subsidies for clubs</li> <li>• Junior Bursaries – Fund matching on equipment.</li> </ul>																	

Item	Notes	Action
6.0	<p><u>Treasurers Report</u> continued -</p> <p>Further expenditures</p> <p>End of season Trophies</p> <p>BTF Academy – Academy is given a budget for elite coaching – Provide a pathway to National level</p> <p>Quality Equipment - Scrim &amp; Banners – open water buoys</p> <p>Officials – Monies ring fenced for officials kit and equipment</p>	
7.0	<p><u>Regional head Coach's report</u> :-</p> <p>The Regional academy numbers 15 – 17, youths ( 15 &amp; 16 year olds ) and juniors ( 17-19 )</p> <p>More funding has been made available so there will be a formalised entry from sept onwards – criteria is essentially experienced Triathlete.</p> <p>Trials – 45 People – acceptance is based on Potential &amp; Aspirations require good home training support</p> <p>Sophie Alden :- Was 2<sup>nd</sup> in the super series – Represented Youth GB in Relays which achieved Gold</p> <p>Finn Barnes :- 3<sup>rd</sup> in Nationals</p> <p>Oliver Swallow :- England Talent Squad</p> <p>Academy Sessions are once a month with regular weekday sessions in the summer</p> <p>Key Races Super Series :- Learning opportunities</p> <p>Older Athletes</p> <p>Provided with coaching plans</p> <p>Attendance at organised training camps</p> <p>Swimming camps / Christmas &amp; Cycling camp / Easter spring term</p> <p>Inter- regional competitions</p> <p>Finished 6<sup>th</sup> out of 12 regions</p> <p>A full report submitted by Tim Williams and is in the Appendices of these minutes.</p>	
8.0	<p><u>Regional Programme managers Report</u> :-</p> <p>Run Leaders course on 29<sup>th</sup> Nov</p> <p>A full report submitted by Carol Macdonald and is in the Appendices of these minutes.</p>	

<b>Item</b>	<b>Notes</b>	<b>Action</b>
<b>9.0</b>	<u>Technical Co-ordinator's Update</u> : - The region is still running officials courses and the eastern region has very representational figures for the region compared to other regions.	
<b>10.0</b>	<u>A.O.B</u> A number items were discussed :-	
<b>10.1</b>	The floor asked if it was possible for the Region to support events and future initiatives by underwriting events as a safeguard against making a loss. The committee agreed in principle as long as a risk award model was submitted.	<b>Note</b>
<b>10.2</b>	The committee were asked about a closed Facebook page for race organisers.	<b>Committee</b>
<b>10.3</b>	The committee are to continue to support the region relays	<b>Note</b>
<b>10.4</b>	It was suggested that the details of the adults league could be publicised more	<b>Committee</b>
<b>10.5</b>	The status of the TEER website was a concern and comments about the website were invited from the regional clubs with any comments forwarded to Richard Fuller to take back to – Triathlon England.	<b>Clubs</b>
<b>10.0</b>	Meeting closed 20.50	



## Election of Committee Members - 2014 - 2015

Role	Name of Previous position holder	Name of Person(s) to stand	Proposer / Nominator	Secunder	Votes / AGM Agreed
Chairman	Jonathon Davies	Jonathon Davies	Sue Fuller	Richard Clarke	Un –opposed / AGM unanimous
Secretary	Ashley Nicholson	Ashley Nicholson	Sue Fuller	Richard Clarke	Un –opposed / AGM unanimous
Treasurer	Richard Fuller	Richard Fuller	Sue Fuller	Richard Clarke	Un –opposed / AGM unanimous
Regional Head Coach	Tim Williams	Tim Williams			
Committee Member	Rob Lines	Rob Lines			
Committee Member	Elisabeth Ross	Elisabeth Ross			
Committee Member	Wendy Staines	Wendy Staines			
Committee Member	Heather Williams	Peter Bryant			
Committee Member	Natalie Stone	Natalie Stone			
Committee Member	Kevin Carly	Kevin Carly			
Committee Member	Vacant	Vacant			

Chairman's Report: 2014 AGM  
22<sup>nd</sup> October 2014

Firstly thank you to everyone who has made the effort to be here tonight to support our sport at the regional level, it is very much appreciated.

Before I talk about the previous 12 months, my first as chairman of the region, I must first express my thanks to my colleagues on the committee for the work they have done to support our sport in the region. It's interesting that a lot of people talk about things the Eastern Region should or could do but many do not realise the Eastern Region consists of a handful of volunteers and one very capable regional manager from Triathlon England in the form of Carol MacDonald.

Whilst mentioning Carol it is to her credit that most people in this room know who she is which means Carol is doing her job very well and so I make no apology for singling her out for special mention and to express our gratitude for the work she does. In addition I would also like to pay special thanks to Richard Fuller not only for the able work he has done as our regional treasurer but also for helping me throughout the year when I have struggled with illness and if that wasn't enough for running the adult league as well. It would also be remiss of me also not to mention Debby Rae who has been running the children's league for some time but has decided to step down at the end of this season. Thank you for all your hard work both of you in pulling the league and the results together the adult winners of which we will recognise later tonight and for the children on Saturday.

So, now to the past 12 months and what a year it has been. For the first time in a number of years we were able to host the Eastern Region Relays which were capably run by Go Beyond Sport at Box End and we are looking to build on this for 2015. We had several hundred athletes taking part in the regional leagues, and over 90 races with Triathlon England permits ranging from novice all the way through to iron distance races so Eastern of England is certainly a vibrant and active place to be a triathlete. Of course none of this would be possible without race organisers and an army of volunteers who make races happen.

In addition we have had held two race officials courses and we will soon have beaten our target for 2017 with qualified race officials in the region and we are going to be building on this next year with two further courses in June and July. As a region we have more race officials per TE member than any other, and we also have more TE members as well, and I am proud that wherever our officials are present the feedback we get on their performance and knowledge is always exemplary.

The Eastern Region has a thriving junior and tri-star scene with a problem that most regions would want to have in the form of too many junior and tri-star athletes for the races we have. As a result, in March this year, with the agreement of the committee, I launched a consultation exercise for parents, coaches and clubs to let us know what they can do to improve the situation and in particular with IRC qualifiers rather than the onus being on the small number of volunteers who form the committee. We had some interesting suggestions and one for a race which will allow up to 300 younger participants to race which is fantastic. The consultation is now closed and whilst we did have lots of suggestions which others would have to implement I am satisfied that we have done as much as we can do and the problem comes down to having too many athletes for the races we have. We have a corresponding level of talent coming through and at this point I would like to thank Tim Williams for running the regional talent squad and the regional academy which continues to produce some great results.

Finally as many of you will know earlier this year a leading light and the Treasurer of Tri-Anglia, Darryl Davis, passed away during an event in which he participating. I, like everyone, who knew him, was very shocked and saddened to hear of Darryl's passing and I would like to take this opportunity to formally pass on the condolences of the region to Darryl's wife, Kerry, and their children. I know that the members of Tri-Anglia have rallied around for Kerry who has described runners, cyclists and triathletes as very special one of a kind people and I couldn't agree more. It is my privilege therefore to commend my report to the AGM and I would be happy to take any questions from the floor under any other business.

## **Regional Head Coach report – Sept 2014**

### **Academy results**

More outstanding results from Sophie Alden & Finn Barnes

- 2<sup>nd</sup> and 3<sup>rd</sup> respectively in the Superseries overall
  - 2<sup>nd</sup> & 4<sup>th</sup> at Liverpool (National champs)
  - 3<sup>rd</sup> & 1<sup>st</sup> at Nottingham (U20 festival)
  - Top ten finishes for George Cook & Maddie Henderson.
- Satisfying performances from Amy Chalmers, Robbie Brunton, Oliver Swallow, Elliot Bennett. All finding their feet at a new level  
Jemima, James Kidd, Honor have all had health and injury problems.  
Also raced: Arran, Clover, Christian,  
Not raced: James Tapley, Mark Cheney Baxter.

### **Alumni**

Competing successfully

- George Schwiening – European U23 duathlon champ & relay champ.
- Good performances (age group overall wins) as seniors from Alice Sharpe, Adam Tapley, Joe Giggins (cycling).
- Sean Watson had some good races at the start of the season (elite junior)

### **Activity**

- Several open water swim sessions at tri farm (some in conjunction with IRC team)
- Triathlon England race practice day at Mallory Park
- Chaingangs each week at Cambridge & Chelmsford.

### **Trials**

We had our second formal trials weekend at New Hall on Saturday & Sunday.

- 42 people applied for trials – 3 ill/injured & no show
- Including most current members (Clover, James elected not to re-trial/reapply. Mark no contact/no show)
- Pleased with numbers but only one silver performance from a new triallist (Elliot Swallow).
- Will suggest a number of bronze scorers apply
- Good trials from most current members.
- Have put Sophie, Oliver & Finn forward for national trial squad.

### **IRC**

- pleased with preparation sessions and team
- less inexperienced than last year.
- 6<sup>th</sup> overall (cf last last year) but result is not important. Most performances were very good.
- Good event and good atmosphere
- 4 of the team have trialled for the Academy.

<b>Work area</b>	<b>Carol Macdonald – East Regional Manager -2014 Bedfordshire, Hertfordshire, Norfolk, Suffolk, Cambridgeshire, Essex</b>	
<b>Go Tri Events</b>	Cambridge Tri Club – Aquathlon & Triathlon West Suffolk Wheelers – Aquathlon series East Essex Tri – Duathlon Series Shires Triers – Duathlon & Triathlon Hartham Leisure Centre – Everyone Active - Aquathlon	
<b>Event Organisers</b>	Course held to be held in Peterborough 21 & 22 Feb 2015 Help and support is available for existing and new event organisers	
<b>Coach Ed</b>	Luton Level 2 – February - 8 Candidates Chelmsford Level 1 – March – 16 Candidates Luton Level 1 – October - 16 Candidates Newmarket Level 1 - November – 16 Candidates St Neots Level 2 - October – 16 Candidates Newmarket Level 2- October – 16 Candidates St Neots Level 2 – Feb 2015 - 6 Candidates so far Newmarket level 1 – March/April 2015	
<b>Coach &amp; Volunteer CPD</b>	Bike Leaders Course – 10 August –West Suffolk Wheelers Clubroom 12 Candidates How to Teach Freestyle – Bedford & St Neots - 50 Candidates Run Leaders Course – 29 November 2014 Swim Smooth Open Water Coaching Day – 26 July – 50 Candidates	
<b>Officials</b>	LTO – 26.7.2014 – 10 candidates LTO – 5.4.2014 – 5 Candidates RTO – 26.4.2014 – 6 candidates More courses have already been planned for 2015	
<b>Networking</b>	Good working relationship with all 6 County Sports Partnerships Team Beds & Luton Pro-Active (Cambs and Peterborough) Active Norfolk Sport Suffolk Herts Sports Partnership Active Essex	
<b>Clubs</b>	Ampthill & Flitwick Flyers Beccles Triathlon Club Bedford Harriers AC Bedford Traktors Tri Club Bedfordshire Road Cycling Club Benfleet Running Club Blackwater Junior Triathlon Club Blackwater Triathlon Club Born 2 Tri Boxfit BRJ Run and Tri Bungay Black Dog Running Club Cambridge Spartans Cambridge Triathlon Club Cambridge University Triathlon Club Chalkwell Redcaps	Ipswich Triathlon Club Kings Lynn Triathlon Club Leighton Buzzard Triathlon Club Mammoth Tri Multisport-Management Newmarket Cycling & Triathlon Club Nicetri Pactrac - Peterborough Area Combined Triathlon RG Active Race Team Essex Rock Estate Shires Triers Springfield Striders Stortford Tri Stowmarket Striders Running Club Stowmarket Tri Club Team Trisports



Clacton Triathlon Club	Team Viper
Dagenham 88 Runners	Tri & Tri Again
Discovery Tri	Tri Harder
Dunmow Triathlon Club	Tri Sport Epping
Dunstable Road Runners	Tri-Anglia Triathlon Club
East Essex Tri Club	Tri-Force
Ely Tri Club	University of East Anglia Triathlon Club
Essex Police Tri	Viking Swim and Triathlon Club
Farrow Triathlon Club	Walden Tri
Freedom Tri	Watford Tri Club
Fritton Lake SC	Watford Velo Sport
Gallery Run & Tri Club	West Suffolk Wheelers and Triathlon Club
Great Bentley Running Club	Whizzy Tri Club
Hadham Hamsters	Witham Running Club
Hadleigh Hares A.C	WiTri (Whittlesey Triathlon Club)
Harwich Runners	David Lloyd Watford Tri Club
Hemel Hempstead Cycling Club	David Lloyd Beckenham Amida
Hoddesdon Tri Club	David Lloyd Hatfield
Human Performance Unit	

Contact has been made with every single club during 2014, by regular e-mails and telephone, Facebook & Twitter.

During 2014 45 clubs have been visited, more planned for 2015

County Club forums held in Herts, Cambs, Suffolk & Norfolk. Essex and Beds 2015

#### **Paratriathlon**

Paratri workshop to be held 2<sup>nd</sup> November, Northampton (3 regions)

Triathlon Pink – Basildon Sporting Village, 2<sup>nd</sup> August 2014. Attracted many non triathletes and beginners. Novice coaching days were provided by East Essex Tri Club.