

Triathlon England RPM Report for East Regional AGM 2011

Suffolk, Essex, Herts

EVENT QUALITY MARK

LEVEL 1

CHEMSFORD OFF ROAD DUATHLON – IN PROGRESS

MALDON TRI – IN PROGRESS

FAMBRIDGE MIDDLE DISTANCE – IN PROGRESS

BRADWELL LONG DISTANCE – IN PROGRESS

HOCKLEY AQUATHLON – IN PROGRESS

WALDEN TRI – ACCREDITATION IMMINENT

COACH EDUCATION & CPD:

LEVEL ONE: CEDARS UPPER SCHOOL, LEIGHTON BUZZARD, BEDS – 5, 6 & 26 NOVEMBER 2011

LEVEL ONE: NEW HALL SCHOOL, CHELMSFORD, ESSEX, 29/30 OCT & 19TH NOV

LEVEL TWO: WATFORD LEISURE CENTRE, WATFORD 12/13 NOV, 3/4 DECEMBER 2011, 25 FEB, 24 MARCH 2012

LEVEL TWO: ST FELIX SCHOOL, SOUTHWOLD, SUFFOLK 25/26 FEB, 24/25 MARCH, 23 JUNE, 15TH JULY 2012

CAF PROJECTS

Watford Velo

Walden Tri

Discovery Tri

All projects are in progress with candidates being selected for Coaching Courses.

Kids of Steel:

Was held at Maidstone Leisure Centre on Tuesday 28th June. 20 schools and over 800 children from Kent took part in this year's event. Next year will be at the same venue and the date will be confirmed shortly.

There will be another event based in Essex for 2012. Venue to be confirmed later in the year. When I have more details I will let you all know as soon as possible. I will be needing volunteers for the day along with schools to attend.

Triathlon England Age Group Championships & Triathlon England Team Champs:

These were both held during the summer at Emberton Park, Bucks and run by the Big Cow team. Both events were very successful considering it was the first year. More publicity is needed for 2012 to ensure better take up. Emberton is a great venue for triathlons.

Triathlon England are hoping to build on the success of the first year to make it bigger and better for 2012.

Meetings held so far with:

St Albans Arts, sports and health Development Team. We would like to try and engage Tri Force in local activity; they have been invited to a meeting with me and the St Albans Team.

Herts Sports Partnership – Governing Bodies Meeting. This has kept me up to date with activity within Herts.

Active Universities – Meeting with Howard Davis, Jane Roskilly (St Albans) and Active Uni. Project will be to encourage students at Hertfordshire University to take part in triathlon activity. The sessions will be lead by Howard Davis. Project to start by 2012.

Time to Listen Course

The course took place on Monday 31st October from 1830 to 2130 at Hatfield Sports Park, Hatfield University, Hertfordshire. Attendees came from local East regional clubs.

Herts Youth Games 2012 - <http://hertsyouthgames.co.uk/>

This event took place last year in the form of an Aquathlon. 70 children between 11-16 took part from all over Herts.

The Herts Youth Games is an established event that will be easy to fit into. It provides an avenue of competition into the Triathlon World for many young people who have never done any Triathlon Activity before in the form of an Aquathlon. It's a high profile event and would be good to raise the profile of the Eastern Regional Team within Hertfordshire. It's a good way of inspiring and educating children as well as their parents into triathlon.

Open Water Swimming Beginners/Novice Course

I ran a course at Denham Water Ski Lake, Hertfordshire on August 8th 2011, in an effort to encourage more new people into triathlon and open water swimming. The 2 hours course was taken by Leigh Archer and supported by local coach Jo Lewis. 18 swimmers took up the offer. I will plan more courses next year.

triathlonengland.org