

## Meeting Minutes

<b>Purpose of Meeting:</b>	Committee Meeting
<b>Date of Meeting:</b>	5 <sup>th</sup> December 2012
<b>Time:</b>	8.00pm
<b>Location:</b>	Skype

### Attendees:

Name	Representing	Name	Representing
Richard Fuller Ashley Nicholson Jonathan Davies Heather Williams	East Essex Tri Discovery Tri Born-2-Tri Cambridge Tri		

### Apologies:

Name	Representing	Name	Representing
Tim Williams Mike Porter Rob Lines Elisabeth Ross Peter Pain Carol Macdonald	Cambridge Tri East Essex Tri Tri - Anglia Tri- Sport Epping Triathlon England Triathlon England	Malcolm Hooker Wendy Staines	Stortford Tri Discovery Tri

Item	Notes	Action
1.0	The minutes of the last meeting were excepted as a true representation of what was discussed	<b>Note</b>
2.0	<b>The minutes of the last committee meeting were adopted and the outstanding items as follows were discussed</b>	
2.1	Richard fuller would purchase as many TEER feather flags as possible for the agreed sum of £1150.00.	<b>R. Fuller</b> <b>( Reminder )</b>
2.2	This minute relates to a previous minute regarding committee approved funding for Howard Davies for the work he was undertaking with schools within the region. A payment of £2000 was sent by Malcolm Hooker. The committee agreed that a formal update would be welcome on how the funding has been of assistance.  <i>Richard Fuller to ask Howard Davies to provide an update</i>	<b>R. Fuller</b> <b>(Reminder)</b>

Item	Notes	Action
2.3	<p>The Academy details on the TEER Website require updating/modifying accordingly.</p> <p>The relevant personnel to review associated pages and filter through comments to Richard Fuller.</p> <p>General Website improvement comments were welcome from all committee members to also be forwarded to RF.</p>	<b>Heather Williams to Review</b>
2.4	Confirmation received that no expenses Are to be reclaimed – Item closed	<b>Note</b>
1.5	<p>Triathlon England have set LTO &amp; RTO courses dates as follows:</p> <p>Alan spelling to be the London Co-ordinator – JD to run future course</p>	<b>Note</b>
2.6	IRC Report Received From Tim Williams – See Item 5.0	<b>T. Williams</b>
3.0	Treasurers Report: - Submitted by Malcolm Hooker and is in the Appendices of these minutes.	
3.4	<p><u>The following Spend / funding was suggested and agreed by committee.</u></p> <p><u>Race official seminar</u> Providing continued development and discussion on shadowing requirements and new rule book changes.</p> <p>JD – Reported that as TE are putting on a National event this now is no longer needed</p> <p>The majority of the committee meeting members preferred to see the ringfenced funding spent on equipment with the TEER logo such as zip up fleeces, polo shirts and clipboards (which have waterproof covers to replace the standard issue ones which do not).</p> <p>JD to check with Malcolm to see what funding for officials was left and to advise committee of proposals at the next meeting.</p> <p>Polo Shirts for officials - JD to Review status for further Polo shirts for officials</p> <p>Zip up Fleeces for Officials - JD to Review status for further Polo shirts for officials</p> <p>Race Officials Waterproof Clipboards - JD to provide quote for purchase for a nominal number</p>	<b>J. Davies</b>
	<p><u>Event organisers Course</u></p> <p>TEER to offer to each TEER club on the mailing list one place on the Event Organisers Course. Should the clubs take up the offer the course should be paid for up front by the club with the full cost of the course(s) reimbursed following evidence of completion i.e., attendance record/completion certificate etc. Course costs Advised £75 per person.</p> <p>PP / CM – To update committee on Take up.</p>	<b>P.Pain</b> <b>C.Macdonald</b>

Revised :- Comments incorporated since issue of Draft issue of Minutes

Item	Notes	Action
	<p><u>Coaching Bursaries</u></p> <p>Offer – Available now. 2 Places for level 1 coaches for new affiliated clubs 100% funding</p> <p>Offer - Part funding for Level 1 &amp; 2 courses for established clubs. 1 Application per club.</p> <p>Refund via MH</p> <p>Total Refunds to be capped @ £3000</p> <p>PP / CM / MH – To update committee on Take up and Status of capped fund</p>	<p><b>P.Pain</b></p> <p><b>C.Macdonald</b></p> <p><b>M.Hooker</b></p>
	<p><u>Miscellaneous Items for expenditure of Monies</u></p> <p><i>Reported underspend of £2700 on Event Funding - Proposals are detailed below :-</i></p> <p>Scrim for TEER Events - RF to provide a quote for the purchase of 40 m of scrim</p> <p>Swim Buoys for Events - RL to provide quote – no quote received to date</p> <p>Feather Flags for Events - RF committee agreed on £1150 Item 2.1</p> <p>TEER Banners - RF to provide a quote for the purchase of 3 Banners</p> <p>Race Bibs for Marshalls &amp; officials - JD to provide quote for purchase of 30 Bibs</p> <p><i>Reminder to Richard Fuller Re:- Outstanding £1000 – RF to speak to Mark Bordfield</i></p>	<p><b>J. Davies</b></p> <p><b>R.Lines</b></p> <p><b>R.Fuller</b></p>
4.0	League and championship Fixtures	
4.1	<p><u>Adult Relay Race</u></p> <p>RF corresponded with Jodie who thought that the location was un-favourable for travelling – However she would be happy to contribute to the committee and be given the chance to get the event back up and running next year.</p> <p>RF – To register the race At Leziates Park – Kings Lynn Proposed and only space date in race calendar was the 4<sup>th</sup> of August</p> <p>TEER – To assist with promoting the race on the TEER web site.</p>	<p><b>Richard Fuller</b></p>
4.2	<p><u>Children's Relay 2013</u></p> <p>The 2012 Junior relays were cancelled due to lack of interest.</p> <p>However Simon Pritchard of Tri- Force Juniors (Hertfordshire) has shown an interest to hosting the event currently suggesting the 12<sup>th</sup> of May 2013. Richard Fuller reported that Simon had some ideas how to generate more interest and relaxing the entry format.</p> <p>TEER to monitor / assist with the event development.</p>	<p><b>Note</b></p>

Item	Notes	Action
5.0	<u>IRC 2012</u>	
5.1	A brief IRC Update including How the Eastern region performed is detailed in the academy AGM report as attached in the appendix of these minutes.	<b>T.Williams</b>
6.0	Academy Update	
6.1	Tim Williams provided a Academy update for the AGM ( attached in the appendix of theses minutes ) Since the AGM in November very little to report, T. Williams to provide brief update at next meeting	<b>T.Williams</b>
7.0	Technical Co-ordinator Update	
7.1	Technical co-ordinators report attached in the appendix of theses minutes	<b>Note</b>
7.2	Recent discipline issues  The discipline ( Parental & athlete ) issues at children's events was discussed and it was agreed to give the discipline issue a high profile it was suggested an A5 Glossy leaflet was handed out at registration to athletes and parents on race day outlining the expected responsibilities of all involved. JD volunteered to provide a draft to the committee so that the leaflets can be available for the start of the children's league.  Similarly JD to provide a script to be delivered by the 'Race Official ' at every race emphasising the expected responsibilities of parents and athletes and possibly make reference to the A5 leaflet.	<b>J.Davies</b>
8.0	RDM Update :- A summary follows below	
8.1	<u>British Triathlon:- Peter Pain :- Cambridge – Beds – Norfolk</u>  A copy of the AGM report is attached to the appendix of these minutes  No December Report attached with very little to report since AGM  Update to be provide at next committee meeting in January	<b>Note</b>  <b>P.Pain</b>
8.2	<u>Carol Macdonald:- Essex - Suffolk</u>  A copy of the AGM report is attached to the appendix of these minutes  No December Report attached with very little to report since AGM  Update to be provide at next committee meeting in January	<b>Note</b>  <b>C.Macdonald</b>
9.0	Any other Business	

Item	Notes	Action
9.1	<p><u>Discipline issues.</u></p> <p>Further to the recent increase in confrontational behaviour of parents with race officials and stewards, the need for a formal approach to address these events was discussed.</p> <p>Further discussion and actions as detailed in item 7.2</p>	
9.2	<p><u>Children's Triathlon – Ipswich Incident.</u></p> <p>JD reported an incident at Ipswich relating to parents behaviour of a Triathlete taking Part (Sam Ponty; - Discovery Tri) The Parents behaviour was abusive and confrontational to the extent that the child was disqualified due to this behaviour.</p> <p>A letter was sent out by TEER to the family and since no response has been received. AN also confirmed that since the event Sam Ponty has not returned to training at Discovery Triathlon and has not renewed membership for 2013.</p>	<b>Note</b>
9.3	<p><u>League Results</u></p> <ul style="list-style-type: none"> <li>• <i>Recap: - RF confirmed that due to some chip timing systems not providing details of the clubs being represented by the athletes, the league placing results would be difficult to assess this year.</i></li> </ul> <p>Richard Fuller to contact Mark Barfield with regards to getting a full list of TEER members with club names TEER Number which would provide a set league of competitors which are affiliated to clubs and TEER. The compiling of the end of year placing's would be easier and more comprehensive.</p> <p>RF to try and close out by e –mail.</p>	<b>R.Fuller</b>
9.4	<p><u>Legacy Games makers – Sport makers</u></p> <p>JD highlighted that there is Legacy for the Olympic Games makers to develop into a sport maker which is a voluntary position which individuals can generate sport at local community level.</p> <p>Typically a 2 Hr course and further 10 hours of volunteering</p> <p>Potentially a Bursaries are available details are provided at the 2hr course.</p> <p>Further details are available web page Sport.maker.co.uk</p>	<b>Note</b>
9.5	<p><u>Date of Next Meeting</u></p> <p>Next meeting would 2<sup>nd</sup> / 3<sup>rd</sup> week in January : -date to be confirmed</p> <p>Skype meeting</p>	<b>Note</b>
9.6	<p>A schedule of proposed committee meeting dates for 2013 is to be circulated by A Nicholson in the New Year</p>	<b>A.Nicholson</b>
	<p>Meeting closed 21.30</p>	





Sum of Amount Event	Category	Transaction		Grand Total
		Income	Expenditure	
<b>Coach Education</b>	Misc expense	-	36.50	- 36.50
	Coaches	-	6,410.00	- 6,410.00
	Venues	-	585.00	- 585.00
	Income	19,967.50		19,967.50
	Royalties	-	2,005.00	- 2,005.00
	Assessment	-	28.55	- 28.55
	BTF Admin Charges	-	9.05	- 9.05
	Training manuals	-	1,632.00	- 1,632.00
	Coaching Bursary	-	247.50	- 247.50
<b>Coach Education Total</b>		<b>19,967.50</b>	<b>- 10,953.60</b>	<b>9,013.90</b>
<b>Regional activity</b>	Venues	-	105.40	- 105.40
	Income	183.00		183.00
	Annual awards	300.00	- 958.90	- 658.90
	Kit	-	1,185.75	- 1,185.75
	Interest	3.41		3.41
	AGM	-	218.00	- 218.00
	Website	-	51.09	- 51.09
	BTA Grant	2,750.00		2,750.00
<b>Regional activity Total</b>		<b>3,236.41</b>	<b>- 2,519.14</b>	<b>717.27</b>
<b>Academy</b>	Venues	-	237.50	- 237.50
	Training Camp	-	1,400.00	- 1,400.00
	Travel	-	266.00	- 266.00
	BTA Grant	1,500.00		1,500.00
<b>Academy Total</b>		<b>1,500.00</b>	<b>- 1,903.50</b>	<b>403.50</b>
<b>Grand Total</b>		<b>24,703.91</b>	<b>- 15,376.24</b>	<b>9,327.67</b>

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Sum of Amount Heading	Transaction	
	Credit	Debit
<b>Annual Awards</b>	300.00	- 683.90
<b>BTF Regional Grant</b>		- 275.00
<b>Coach Education</b>	22,717.50	- 11,655.60
<b>Inter-regional championships</b>		- 1,185.75
<b>Miscellaneous</b>	183.00	
<b>Interest</b>	3.41	
<b>AGM</b>		- 218.00
<b>Regional Website</b>		- 51.09
<b>Academy</b>	1,500.00	- 1,903.50
<b>Governance</b>		- 105.40
<b>Grand Total</b>	<b>24,703.91</b>	<b>- 16,078.24</b>

Event		Coach Education		
Course and category (blank)	Transaction		Grand Total	
	Income	Expenditure		
BTF Admin Charges	-	9.05	- 9.05	
Coaches	-	2,500.00	- 2,500.00	
Income	4,527.50		4,527.50	
Misc expense	-	36.50	- 36.50	
Royalties	-	560.00	- 560.00	
(blank)	-	702.00	- 702.00	
Coaching Bursary	-	247.50	- 247.50	
<b>(blank) Total</b>	<b>4,527.50</b>	<b>- 4,055.05</b>	<b>472.45</b>	
<b>E316</b>				
Assessment	-	52.55	- 52.55	
Coaches	-	2,311.05	- 2,311.05	
Income	2,475.00		2,475.00	
Royalties	-	640.00	- 640.00	
Venues	-	1,000.00	- 1,000.00	
<b>E316 Total</b>	<b>2,475.00</b>	<b>- 4,003.60</b>	<b>1,528.60</b>	
<b>RTO</b>				
Coaches	-	49.20	- 49.20	
Income	90.00		90.00	
Venues	-	35.00	- 35.00	
<b>RTO Total</b>	<b>90.00</b>	<b>- 84.20</b>	<b>5.80</b>	
<b>E323</b>				
Coaches	-	1,009.75	- 1,009.75	
Income	2,337.50		2,337.50	
<b>E323 Total</b>	<b>2,337.50</b>	<b>- 1,009.75</b>	<b>1,327.75</b>	
<b>LTO</b>				
Coaches	-	40.00	- 40.00	
Income	90.00		90.00	
<b>LTO Total</b>	<b>90.00</b>	<b>- 40.00</b>	<b>50.00</b>	
<b>E325</b>				
Coaches		1,750.00	1,750.00	
Income	495.00		495.00	
Royalties	-	420.00	- 420.00	
<b>E325 Total</b>	<b>495.00</b>	<b>1,330.00</b>	<b>1,825.00</b>	
<b>E324</b>				
Coaches	-	750.00	- 750.00	
Income	3,025.00		3,025.00	
Royalties	-	385.00	- 385.00	
Training manuals	-	768.00	- 768.00	
Venues		450.00	450.00	
<b>E324 Total</b>	<b>3,025.00</b>	<b>- 1,453.00</b>	<b>1,572.00</b>	
<b>E326</b>				
Assessment		24.00	24.00	
Coaches	-	1,500.00	- 1,500.00	
Income	6,927.50		6,927.50	
Training manuals	-	864.00	- 864.00	
<b>E326 Total</b>	<b>6,927.50</b>	<b>- 2,340.00</b>	<b>4,587.50</b>	
<b>Grand Total</b>	<b>19,967.50</b>	<b>- 11,655.60</b>	<b>8,311.90</b>	



Technical Coordinators Report  
TEER Committee Meeting 5<sup>th</sup> December

Item 3.4 (official's seminar) A straw poll of the officials in the region on how the ring fenced funding for 12/13 should be used to purchase zip up fleeces with TEER branding similar to the polo shirts to ensure consistent branding when it's a bit colder than suitable for a polo shirt.

1. The list of race of 2013 races has been received from Triathlon England and the process of allocating officials to races has now started and will continue through to March 2013.

2. JD has written and submitted a bid to Triathlon England to support race officials who want to progress from Regional to National Technical Official using the new course and syllabus. The region has been awarded £1500 to specifically support helping provisional NTO candidates (those who have attended the course and passed the knowledge tester) to travel to ITU events in Europe in order to qualify for international officiating duties. The region at present has one NTO and they are only qualified for domestic officiating duties and therefore the region is lagging way behind others in supporting both national and ITU events from an officiating perspective. We will have to demonstrate to TE how the money has been spent and JD is happy to monitor and administer this.

3. Parental behaviour: there was another two incidents of poor parental behaviour at a recent race, not named because this was not under the club's control, but the feedback post the Ipswich Duathlon. As JD was the chief official at these two incidents were dealt with but the situation in 2013 will be monitored closely.

## **Regional Head Coach Report - Tim Williams – October 2012**

### **Regional Academy.**

Summary: A slightly disappointing year which saw the Academy lose a little of its impetus. I hope to regain that as we move forwards.

The Academy is (too) heavily based on me. Historically Academy sessions have been focussed primarily on making up the cycling shortfall, so sessions are quite heavily cycling based and therefore so are the coaching requirements. During the last year I was abroad, hospitalised and focussed on other issues, including the Olympics, at key points.

Furthermore the elite racing calendar was a problem in 2012, also due to the Olympics, which meant that there was no racing focus to the season.

Hopefully we'll address all of those issues. I'll come back to how later.

### **Activity**

We had 4 autumn/winter weekend sessions which were effective and reasonably well attended.

The spring was a bit of a disaster: It is always a difficult time with swim & XC champs (and snow). I planned three opportunities to race, in the hope/expectation, that everyone would take at least one. Unfortunately one event was cancelled and only 4 raced in the other two. Furthermore, they were the ones who least needed the experience (James, James, Adam, Elliot)

We had a Training camp in April. (more below)

During the summer we had a cycling session (a Chaingang) three weeks out of four from early May until September. Great for those who can make it, but evening sessions are particularly difficult for parents. The biggest beneficiaries were Armani & Cheyenne – from London Academy!

We had fewer weekend sessions over the summer than in previous years – again, mainly because of weekend clashes with other things in my calendar, and with local races. I'd normally expect about one per month, but we had none in June, July & August.

Results: There were some excellent performances:

George Schwiening was Nat Junior Duathlon champ and won silver at both European and World Champs.

Alice was 4th in series, George 5<sup>th</sup>, Sean 10<sup>th</sup>, Molly 8<sup>th</sup>, James 5<sup>th</sup>,

Top 3 finishes from Sean, JamesK & Alice

Top 10 finishes from James T (8<sup>th</sup>), Alex(5<sup>th</sup>) and Molly (8,7,6). Promising performances from Oliver, Elliot. Wins (non-Elite) from Adam & Connor. Promising results from Adam Edwards.

IRC. Preparation for the IRC was disrupted by the Olympics and post Olympic holidays. We didn't get the full team together beforehand. We were OK (7<sup>th</sup>), but didn't have any podium finishers (best were Finn Barnes & Sophie Alden) and James Kidd's asthma (he led out of the water) meant that we had to carry two low youth scores. (We've been strong in youth boys most years, but even though JK was fastest swim, & JT fastest cycle, neither scored well)

TS2 – Sinead 7<sup>th</sup>, Sarah 16<sup>th</sup>, Elliot 14<sup>th</sup> Peter 15<sup>th</sup>

TS3- Sophie 6<sup>th</sup>, Maddie 9<sup>th</sup>, Finn 5<sup>th</sup>, George 12<sup>th</sup>

Yth – Molly 10<sup>th</sup> Clover 20<sup>th</sup>, Sophie 27<sup>th</sup>, James T 14<sup>th</sup>, Oliver 23<sup>rd</sup>, James K 24<sup>th</sup>

Thanks due also to Geoff Jones (Team Manager), Jenny Swallow (for organising families) and Elisabeth Ross (for organising kit).

### **Tristar Academy**

The Tristar academy didn't get going at all this year. Geoff found that he was not able to spend time on it. I did not have enough time for the youths and juniors, let alone the tristar.

Geoff was looking at a different model, but his model was quite demanding on the co-ordinator.

### **Training camp.**

I organised a five day training camp in Mallorca (because I know it well and was there during the weeks beforehand). We stayed in a villa. My first villa fell through, so I was relieved to find a replacement at very short notice (after I was there!)

Funding: I'd originally intended that the trip would be athlete funded (travel and accom) and that the Academy would pay for training, but that worked out too expensive for a critical mass. So I re-assessed the costs and assigned £1500 of budget to bring the cost per attendee down to £350. As a result 9 (of a realistic 12) were able to go. Two girls, seven boys.

I took a cook Oliver Caddy (also a cyclist & coach) and his partner Edna (female, Spanish speaker & driver) so the group was 12 in total.

The camp worked really well. Everyone wants to do it again! The new villa made travelling to pool and shops a little more difficult, but was cheaper and perfectly sized.

The kids were involved in all of our food preparation, though not the shopping as the trip to the shops was too long.

We had a programme of cycling, which included some long climbs & descents, swimming (pool & sea), running, running off the bike and core stability.

Having finally worked out the accounts the cost to the Academy was £1400.

**Issues to address:**

More coaches & assistance: I'm hoping to involve Abbie Thorrington this year. Abbie is a GB elite international, she recently moved from Loughborough back to Ipswich. Unlike Oly (who would also like to be more involved, she has a car and a driving license – so we'll hopefully be able to hold sessions without me.

Monitoring of athletes: I think that I will shortly have a mechanism for doing this. I've been involved with the development of extensions to a software tool called Race Day, specifically aimed at developing triathletes. I'm just waiting for license numbers to get going.

Race calendar? Hopefully an Olympic free year will see a more balanced Super Series.

Session & calendar planning. I'd just like to get back to the type of programme that we had before this year. I'm happy with that.

Training camps: I'd like to run another training camp at Easter. I think that it might be in the UK. I also plan to run a three or four day swim camp early in the new year (end of Christmas holidays).

Funding: Triathlon England has approval for increased academy funding – mostly enabling me to spend more time (1 day/week), but also in funds for the region. The Region is expected to contribute too.

I will consider using some funds to support athletes racing in Europe next summer (ETU junior cup). I went to one of these races in Portugal this year. It would have been good for several of our juniors. (They would have to pay, the budget would cover a coach to go as support)

Work area	
<b>participation (events/race starts)</b>	CAF Project– Chelmsford Super Sprint Triathlon – Sept 2012. New project started April 2012 CAF Project- West Suffolk Triathlon. Project with West Suffolk Wheelers started April 2012. – Meeting held to discuss project and to start development with key club members. CAF Project– New project with Beccles Triathlon. Novice event with pre race taster sessions.
<b>Event Accreditation</b>	Chelmsford Off road Duathlon – in progress Maldon Tri – Pass Fambridge Middle Distance – completed, USB to be sent to head office Bradwell Long distance –completed, USB to be sent to head office Hockely Aquathlon – in progress Walden Tri – Accreditation Level one pass Braintree Triathlon – in progress Duck and Dash – Freedom Tri, in progress
<b>HE/FE promotion</b>	Links made with Writtle College, Chelmsford Active University project, lead by Howard Davis
<b>Schools comp</b>	Herts Youth Games, to be lead by region.
<b>Coach Ed</b>	Level Two course organised for Feb 2012 held at St Felix School, Southwold. 16 candidates attended. Level Two course Basildon November 2012, course already full. Level One Cedars Upper School – 14 candidates run Sept 2012 Level Two Cedars Upper School – 13 candidates run Oct 2012
<b>Coach &amp; Volunteer CPD</b>	Time to Listen Course, Hertfordshire University – 5 people First Aid Course – Hemel Hempstead Cycling Club – 10 people
<b>Officials</b>	LTO New Hall School, 17 <sup>th</sup> March, Tutor Jonathon Davis. 5 candidates took part RTO 7 <sup>th</sup> July in Herts. 10 candidates form East, South East and London region.
<b>Networking</b>	Contact with Active Essex. Regular contact with Herts Sports Partnership St Albans sport development team Active Universities Suffolk County Sports Development Team – meeting held September. Working with the team on club forum, they will be supporting the event and coming along to discuss issues with clubs.
<b>OW day</b>	Exploring avenues for 2012. New facility to be opened in Basildon, Essex. Redricks Lake, Sawbridgeworth regarding Speedo Open Water CPD day. July 1 <sup>st</sup> 2012, CPD in the morning, Novice and Advance swimmers planned for the afternoon. 12 coaches and 25 participants.
<b>TKOS</b>	Event went very well despite the water logged field preventing us

	from doing the bike course. 500 children attended from 23 schools. 45 volunteers came from local clubs, Writtle College and Shenfield Secondary School. Venue was good but a little small for the size of the event. More schools wanted to attend but we were at capacity at 500.
<b>Clubs</b>	Contact with: Walden Tri, East Essex Tri, Tri Sport Epping Tri Club, Born2Tri, Discovery Tri, Dunmow Tri, Blackwater, Multi sport Management, West Suffolk Wheelers, Ipswich Tri, Tr and Tri Again, Tri anglia, Tri Sport Epping, Discovery Tri, Shirers Triers, Hemel Hempstead Cycling Club, Team Tri Sports, Freedom Tri, Watford Velo, Tri Force, Hoddesdon Triathlon Club, David Lloyd Watford.  Suffolk Club forum to be held at West Suffolk Wheelers Monday 19 <sup>th</sup> November 7.30pm
<b>Club accreditation</b>	In progress with: Walden Tri, East Essex Tri, Tri Sport Epping Tri Club, Born2Tri, Discovery Tri, Dunmow Tri,
<b>Paratriathlon</b>	Walden Tri to go on Coach Ed in Norwich. Very keen to develop this at their club

**GOODNEWS STORIES/HIGHLIGHTS:**

1. New links to West Suffolk Wheelers. Very positive meeting regarding Quality mark and general club development.
2. New CAF project going well with Beccles Triathlon
3. Club forum booked for November.

Redricks Open Water venue hosted Speedo Open Water Day. Great venue and lots of potential to increase new races and race starts. Day went really well, coaches enjoyed it and learnt a great deal, participants also enjoyed their sessions.



**RPM REPORT FOR EASTERN AGM 24<sup>TH</sup> OCTOBER 2012**  
**BEDFORDSHIRE CAMBRIDGESHIRE AND NORFOLK**

<b>Work area</b>	
<b>participation (events/race starts)</b>	CAF Project– Kings Lynn Triathlon Club new club due to open its doors early 2013. Meetings being conducted to form committee. CAF Project- Dunstable runners looking to become an accredited triathlon club. New project to be started in 2013. CAF Project– Victory Swim and Tri Club, North Walsham, Norfolk started up March 2012 CAF Project – BRJ Run and Tri Club now established and thriving!!
<b>Event Accreditation</b>	Monster Ely Middle Distance Race applied for Event Mark Level 1
<b>HE/FE promotion</b>	Links made with Cambridge University
<b>Schools comp</b>	Bedford/Luton School Games 8 <sup>th</sup> March 13
<b>Coach Ed</b>	Level One course Impington Sports Centre, Cambridge course organised for Feb 2013. This course is already oversubscribed. Looking for other venues in Norfolk and Bedfordshire
<b>Coach &amp; Volunteer CPD</b>	Paratri Coach CPD organised for 18 <sup>th</sup> Feb 12 cancelled due to low numbers
<b>Officials</b>	RTO Course 24 <sup>th</sup> March 12 cancelled due to low numbers
<b>Networking</b>	Cambridge Milton Park – Mick Woodhouse UEA Norwich Regular contact with CSPs: Living Sport, Cambridge, Peterborough Active Norfolk Team Luton/Bedfordshire
<b>OW day</b>	Speedo Open Water CPD day. 14 <sup>th</sup> July 2013, CPD in the morning, Novice and Advance swimmers planned for the afternoon. 14 coaches and 19 participants.
<b>TKOS</b>	The Cambridge KoS took place at Impington Sports College. This went very well. 832 School children took part from 12 different schools.
<b>Clubs</b>	Contact with: Tri-Anglia, Cambridge Tri, Ely Tri, Victory Swim & Tri Club, City of Norwich Tri Club, Leighton Buzzard Tri Club, Kings Lynn Tri Club, BRJ Run & Tri Club, Cambridge Uni Tri Club, Dunstable Runners
<b>Club accreditation</b>	Carrying out an overview of Clubmark to bring current clubs up to date and promote Clubmark to those clubs yet to engage

**GOODNEWS STORIES/HIGHLIGHTS:**

1. New club being developed in Kings Lynn foundations in place. This club has already created interest on a web page of 74 registrations and 304 hits.
2. Leighton Buzzard continues to grow with over a 100 members since start up in late 2011.
3. Most clubs are having an increase in membership since the Olympics