# triathlon england – eastern region



## **Meeting Minutes**

Purpose of Meeting: Committee Meeting

Date of Meeting: 14<sup>th</sup> January 2015

**Time:** 7.30 pm

**Location:** Hilton Hotel Stansted

#### Attendees:

Name	Representing	Name	Representing
Jonathan Davies	Born-2-Tri	Carol Macdonald	Triathlon England
Ashley Nicholson	Discovery Tri		
Richard Fuller	East Essex Tri		
Kevin Carley	Blackwater Tri		
Rob Lines	Tri-Anglia		
Peter Bryan	Born-2-Tri		

## **Apologies:**

Name	Representing	Name	Representing
Wendy Staines Elisabeth Ross	Discovery Tri Tri-Sport Epping		
Tim Williams	Regional Academy Coach		

Item	Notes	Action
1.0	The minutes of the last committee meeting were adopted and the matters arising items as follows were discussed.	
1.1	Childrens race Consultation Response  Conclusion of AOB 10.1	NOTE
	The race consultation process did not generate a conclusive response to the problems encountered – however the race consultation process appeared to have the desired effect – especially highlighting the shortage of children's Triathlon. As result the 2015 Calendar includes 4 new events within the region.	
2.0	Matters Arising	
2.1	No Historic Matters arising applicable – See AOB	NOTE
2.2	Adult Relays  New date for the relays agreed - 9 <sup>th</sup> August	NOTE

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Item	Notes	Action
3.0	Treasurers Report: - Verbal Report as Summarised Below	
3.1	<ul> <li>The Summary of the monthly Accounts were received under separate cover</li> <li>The accounts are in good shape</li> <li>Coach education showing a small Profit</li> <li>Regional Academy showing a small underspend</li> <li>Committee agreed that funds of £1000 be allocated for race officials kit &amp; Equipment – RF to reflect in accounts.</li> </ul>	RF
4.0	League and championship Fixtures – No outstanding Matters	
5.0	IRC 2014 – No outstanding Matters	
6.0	Academy Update :	
6.1	Refer to Chief Coach Report in the appendix of these minutes for Academy Update	
7.0	Technical Co-ordinator Update	
7.1	<ul> <li>Events</li> <li>82 events have requested race officials to date - all 82 events have been accommodated</li> <li>Some race still do not have officials in place</li> <li>Officials Courses</li> <li>LTO / RTO courses are detailed on the TEER website and taking bookings – June / July</li> <li>ITU</li> <li>There is a change to the NTO course officials application. Eastern Region to put forward to applicants.</li> </ul>	Note
8.0	RPM Update :-	
8.1	For complete report refer to RPM report in the appendix of these minutes.	
8.2	CM enquired about sourcing some TEER feather flags / Box banners / Pop up Triangles for use when promoting TEER at triathlon events. CM to investigate accordingly - RF advised that the feather flags were previously sourced from - Blu splat  I have a note Hadleigh Farm Project? Carol could you comment please	СМ

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Item	Notes	Action
8.2	Report Summary : -  No of Clubs increased from 67 – 68	
	<ul> <li>2014 Target to visit 50 Clubs by April of 2015 – currently visited 43</li> <li>Key up-coming meetings – Patrac, &amp; inspire (incld paratriathlon)</li> </ul>	
9.0	TEER Strategy Update	
	The Triathlon England Eastern region strategy implementation strategy - volunteers to co-ordinate development in these areas with assistance from committee members	
9.1	Increasing Profile of Triathlon & TEER	Note
	Merchandise and spot prizes at the regions races :- Discussed AOB	
9.2	Triathlon England Information leaflets are now available to circulate at the various Triathlon meetings	Note
	TEER flags to be purchased and circulated to race officials – See AOB	
9.3	Increasing Participation - Go Tri Flyers available	Note
9.4	Sustaining Growth	Note
	<ul> <li>Representation in the Region CM &amp; JD attending club forums</li> <li>This is an ongoing commitment by the Region and is to continue into 2015</li> </ul>	
9.5	Improve talent Pathway :-	Note
	Regional Head coach – Actively integrating with the regions athletes – See AOB – Rye House	
10.0	Any other Business	
10.1	Dengie events :- Enquired if TEER would subsidise event T-shirts for naming rights on merchandise. A discussion pursued in which the committee agreed that £100 per event would be made available as a contribution to T-Shirts and Hats in return TEER Logo naming on the said merchandise up to a Maximum TEER spend Circa £3500. RF to provide ring fenced funding	RF
10.2	Additional TEER Branding was discussed and the previous year's hand out prizes did not make to Athlete's – Carol Macdonald to have a fund of £1000 to distribute at club level. RF to make fund available.	RF
	Drawer String Bags	
	<ul><li>Towels</li><li>Cups</li></ul>	
10.3	Spot prizes for the Club relay's were discussed as an incentive to promote the event – idea's to be discussed.	KC / All
	Photo's – Kevin Carley to provide a contact  Photo's – Kevin Carley to provide a contact	
	<ul> <li>T –Shirts for winning teams – with TEER Logo</li> <li>Promotion Assistance</li> </ul>	
	Mass Start Photo	
	A5 Flyers	

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Item	Notes	Action
10.4	Rye House – Funding for Track Racing Opportunity  The Committee were in unanimous in the decision to fund this initiative from Hoddesdon Triathlon and agreed that the £2000 start up costs would be covered by the Region in quarterly payments. RF to liase with Hoddesdon and forward funding  The Committee also mentioned the possibly of providing Banners at the course.  Additionally - Opportunities for the Academy to be stage a session(s) to be made available.	RF
10.5	British Foundation Trust – A new date for an event in Norwich Sponsored by Pasta Foods ( Kids of Steel Re-badged)  Taster Triathlon Wednesday 29 <sup>th</sup> April	
10.6	It was requested that information for companies that undertake Water bathing test's / swim safety testing for open water events or a web link to where expert contacts can be found.	ALL
10.7	RF to request that the following enhancements to the TEER website could be undertaken.  Make Access to race series more accessible & Prominent to promote it more  Newsletter to include details of the race series  Newsletter to include details of the Regions league and relay's	RF to take up with Tri England
10.8	Discussion regarding TEER Branding was raised and it was agreed that the TEER feather flags were the most practical means for race branding as they are easy to erect and take down as well easy to transport. it was agreed that 2 Flags per official should be made available for delivery to the events.	RF to Purchase JD to distribute
10.9	TEER Representative review  Richard Fuller attended a meeting of the Triathlon England main Board – Meeting was at the House of Lords which was attended / chaired by Bill James.  The meeting outlined the strategy for the next 7 years of the inter relationships of the home nations within British Triathlon – The changes to minimise duplication.  Other matters being reviewed was the membership renewal process.  At the next meeting RF was requested by the committee to Raise the following Points:  Inadequacy of the TE website  Contacts for water quality experts to made available via the webpages	RF to take up with Tri England
10.4	Date of Next Meeting  Refer to attached Proposed meeting schedule in the appendix for 2015	Note
	Meeting closed 2210 Hrs	

## 14<sup>th</sup> January 2015 - Regional Committee meeting Minutes Appendices

Schedule of Future 2015 Committee meetings As attached

Treasurers Report Provided under Separate cover

Regional Head Coach's Report As Attached

RPM Report – Essex / Herts/ Suffolk /Beds / Cams / Norfolk As Attached

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## Regional Committee meeting dates for 2015

Month	Day & Date	Venue
January	Wednesday 14th Jan	Stansted Airport Complex – Hilton Hotel
March	Wednesday 25th Mar	Stansted Airport Complex – Hilton Hotel
May	Wednesday 20th May	Stansted Airport Complex – Hilton Hotel
July	Wednesday 15th Jul	Skype
September	Wednesday 16th Sep	Stansted Airport Complex – Hilton Hotel
October	Saturday 21th Oct	AGM midweek evening with Adult Awards Stansted Airport Complex – Hilton Hotel
November	Wednesday 25th Nov	Skype

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## Regional Managers Report

NAME ...Carol Macdonald...... MONTH.....December...2014.....

Clubs			
No. in your region(s)	No. visited in month	No. visited YTD	KPI for this
67	3	43	50

#### Key meetings:

- 1. PATRAC Paratri meeting with Inspire to run Go Tri Para Tri events and set up club
- 2.Hemel Hempstead Cycling Club meeting with new chair and organised triathlon meeting of the club 19<sup>th</sup> January. Have also sourced them a Level 1 coach to kick start training programs.
- 3. Meridian Tri Club new club for Royston area. 4 people attended run leaders course and 2 people are coming on coaching courses.

events				
No. in your region(s)	Initiated	Reactive contact	Total contact	KPI for this
which are registered	contact		YTD	
79	25	12	35	35

#### Key meetings or issues

- 1.Go Tri Kings Lynn new event for 25<sup>th</sup> April
- 2.Go Tri National Trust Wimpole Park. Events proving hard to organise on site.

No. of events attended this	0
month	
KPI for events attended to year	18
end	
Events attended YTD	20

#### Main events attended & role

- 1.
- 2.
- 3.

#### Coach-ed

L1 booked	L2 booked	L1 completed	L2 completed	New coaches	Total of completed places
5	3	2		31	31

(Date: Dec 2014)

#### products

Open water	Booked	Completed	Attendance
	1	1	60
Ride Leaders	Booked	Completed	Attendance
	1	1	12
Run Leaders	Booked	Completed	Attendance
	1	1	18
Teach F/c CPD	Booked	Completed	Attendance
	1	1	24

Coach Ed 2014– Level 1 Newmarket – full up Level 1 Luton – 15 confirmed Level 2 Newmarket – 15 confirmed Level 2 St Neots – 15 confirmed 2015 Level 2 St Neots – 13 confirmed

LTO – 26.7.2014 – 10 candidates LTO – 5.4.2014 – 5 Candidates

RTO - 26.4.2014 - 6 candidates

## **Report of Regional Head Coach**

Academy training going well over the winter. The athletes are very engaged. All have been to at least 2 of the 5 sessions. Most have been to 4.

WE had sessions:
-25<sup>th</sup> Oct at Netherhall, Cambridge
8<sup>th</sup> Nov at New Hall, Chelmsford
30th Nov at Sawston
2<sup>nd</sup> Jan at Culford, Bury St Edmunds
11<sup>th</sup> Jan at Netherhall.
(1<sup>st</sup> Feb at Royston)

#### The Next session is planned for 1st Feb.

I'm going to have a training camp at Culford for a week during half term. This is agreed with Culford but not yet booked and confirmed. I have to find one or more female chaperones to stay with us. I'm considering offering some one-day sessions to other groups or athletes once I know timings & coach cover etc.

Now confirmed. 10 athletes confirmed – 2 TBC. It's just going to be academy athletes – partly because Culford have offered to do partial pool hire, partly because none of my regular coaches are able to help at half term so I don't have spare coaching or organizing capacity. The camp will cost attendees ~ £150 each and will be subsidized from the Academy budget by ~£2k depending on pool charges.

#### **National Talent Squad.**

Two regional academy members (Sophie Alden and Oliver Swallow) were reselected to join the England Talent Squad (Oliver is again a member of the Affiliate squad). As both squads were reduced in size from last year I'm very pleased. There were squad days in September (Oliver and Sophie), October and November (Sophie only) in Lougborough, and a week long training camp in Portugal in December (both). The venue in Portugal (the Olympic Training Centre at Rio Maior near Lisbon) was new to Triathlon England. Rick Velati (Head Coach) asked me to accompany him on a reconnaissance trip in November, which I did. The venue and the camp were fantastic.

#### **Regional Head Coach Contracts**

I recently agreed new terms with Triathlon England as RHC. The new RHC contract does not include extra funding for ETS athletes (this was proving divisive and causing problems at national camps). The change is part of an ongoing process to improve the talent programme. Other changes include a slightly more formal reporting mechanism (starting this month) and better coordination of the competition structure.

Which brings me on to the competition structure.

#### **Competition Structure**

Dan Salcedo has been appointed by the BTF as Talent Pathway Manager. He was previously head coach at Loughborough. He replaces Simon Mills who left several months ago and is filling the gap that has developed between the TE talent programme and the BTF performance programme.

Dan has been working on making the competition structure coherent, rather than a random mish-mash of races grouped together as the Superseries and doubling up as selection races for major championships. With so few races for juniors in particular many have been looking for opportunities to race abroad which has caused many selection and eligibility issues.

The outcome of Dan's work looks very positive. In brief there will be two key domestic events each year run under BTF/TE control which will act as 'Gateway' events: selection events for the next major championships and further down the finish order as ranking races for helping everyone (athletes, coaches, TE) to focus on a programme of races until the next gateway event. The programmes/pathways are essentially:

- international pathway leading to major champs (aka national team)
- international pathway supported by TE (aka reserve national team)
- international pathway (TE will support entry into ETU cup races)
- domestic pathway (essentially those who finish outside top 10)

Youths who make the European Youth Relay team (the selection race for this is Blenhiem) will also have TE supported opportunities to race abroad.

The gateway events are at Llanelli on 17<sup>th</sup> May and Mallory Park (Leics) on 5<sup>th</sup> Sept (the Under 20's festival).

The Supersieries (the domestic calendar) looks slightly more healthy than in recent years with the addition of Llanelli and TE races at Mallory and Hetton.

The Under 20's festival will again include the IRC.

I think that's about it for now

Tim.