

Race results – National Middle Distance Championships 2015 – The Grafman

Female U20 1st	-	Male U20 1st	James Kershaw
Female U20 2nd	-	Male U20 2nd	-
Female U20 3rd	-	Male U20 3rd	-

Female 20-24 1st	Lucy Charles	Male 20-24 1st	Angus Smith
Female 20-24 2nd	Holly Gamble	Male 20-24 2nd	Reece Barclay
Female 20-24 3rd	-	Male 20-24 3rd	Barnaby Palmer

Female 25-29 1st	Hannah McInroy Naylor	Male 25-29 1st	Michael Birchmore
Female 25-29 2nd	Sarah Knight	Male 25-29 2nd	Tom Vickery
Female 25-29 3rd	Kathryn Loveys	Male 25-29 3rd	Chris Walker

Female 30-34 1st	Lauren Bradshaw	Male 30-34 1st	James Gill
Female 30-34 2nd	Gemma Marshall	Male 30-34 2nd	Peter Campbell
Female 30-34 3rd	Laura Bartlett	Male 30-34 3rd	Chris Kilburn

Female 35-39 1st	Lucie Custance	Male 35-39 1st	Oliver Milk
Female 35-39 2nd	Hannah Cooke	Male 35-39 2nd	Ian Turner
Female 35-39 3rd	Kylie Mansfield	Male 35-39 3rd	Chris Goodfellow

Female 40-44 1st	Lucie Weinwright	Male 40-44 1st	Iain Robertson
Female 40-44 2nd	Berenice Curtis	Male 40-44 2nd	Simon Laver
Female 40-44 3rd	Emma Marshal-Telfer	Male 40-44 3rd	Darren Preston

Female 45-49 1st	Sarah Dowling	Male 45-49 1st	Pete Eggleston
Female 45-49 2nd	Morag McDowall	Male 45-49 2nd	Ian Staines
Female 45-49 3rd	Sally Smoker	Male 45-49 3rd	Jim Burdett

Female 50-54 1st	Ruth Hutton	Male 50-54 1st	Dean Moy
Female 50-54 2nd	Kate Morris	Male 50-54 2nd	Martin Beare
Female 50-54 3rd	Verna Burgess	Male 50-54 3rd	Howard Waller

Female 55-59 1st	Mary Twitchett	Male 55-59 1st	Antony Brown
Female 55-59 2nd	Christine Meek	Male 55-59 2nd	Richard Ballinger
Female 55-59 3rd	Sue Davys	Male 55-59 3rd	Chris Absolom

Female 60-64 1st	Penny Edwards	Male 60-64 1st	Christopher Sardo
Female 60-64 2nd	Theresa Abbott	Male 60-64 2nd	Steve Braund
Female 60-64 3rd	Val Lowman	Male 60-64 3rd	Graham Duguid

Male 65-69 1st	Stuart McGowan
Male 65-69 2nd	John Pitt
Male 65-69 3rd	Martin McKenna

Male 70-74 1st	Ray Gray
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